

Agreement for Personal Training Services

I. Client contact information:

first name: _____ last name: _____

birthdate: _____ email: _____

street address: _____

city: _____ state: _____

zip: _____

phone(mobile): _____ phone(home): _____

emergency contact: _____ phone num: _____

relationship: _____

II. Terms:

1. Today's date: _____
2. This agreement will begin on: _____ and end on: _____
3. This agreement is for to provide personal training services for: _____ sessions at \$ _____ per session.

III. Payment:

1. All payments for services shall be made payable to "Lisa Lombardo"
2. Total payment due during the term of this agreement \$ _____.
3. Payment received \$ _____ on _____.
4. Payment of \$ _____ shall be due _____

IV. Rescheduling, Interruption of Service, Cancellation:

- A. Rescheduling of any session requires a minimum of 24 hour notice to avoid charges for that session.
- B. Interruption of service requires a written request to **Lisa Lombardo** stating reason for interruption and anticipated continuation.
Except in circumstances of emergencies, a minimum 15 day notice is required to avoid charges for pre-scheduled appointments.
- C. Cancellation of services requires 30 day notice to avoid charges for sessions already scheduled.
- D. If by any reason of death or permanent disability, the participant is unable to complete training program, he/she shall be relieved of the obligation of making payment other than for services performed prior to death or onset of disability.
- E. If the client is not on time for a scheduled session, it (session) may be cut. The fee for that session will remain unchanged.
- F. If the trainer is late for sessions, the time will be made up at that session or at a subsequent session.

V. Renewal of agreement:

- A. Participant shall have the option to renew agreement under similar or new terms within 30 days of termination of agreement.
Costs for services will remain in effect for duration of agreement.

VI. Guarantee of services:

Should **Lisa Lombardo** not appear for a pre-scheduled, prepaid session, participant shall have the option to reschedule the missed appointment or receive a full refund for that particular session.

Lisa Lombardo urges all participants to obtain a physical examination from their physician prior to beginning any exercise program.

Under certain circumstances Lisa Lombardo may require a physician's approval prior to beginning a training program.

I hereby acknowledge that I have reviewed and agree to the above conditions.

Any questions that I had concerning these conditions have been answered to my satisfaction.

Client Signature Date

Printed Client Name

Trainer Signature Date